



# Cabrillo Cub Newsette

CVC 33<sup>rd</sup> District A monthly newsletter published by the Cabrillo PTA to maintain quality communication between home and school.

## Principal's Message

### Children and Television

How much is too much? This question is often asked concerning children and television viewing. Although there are no specific guidelines established, parents could consider several factors in determining how much TV is too much for children. Some considerations include:

- Is sufficient effort being given to schoolwork?  
Does your child have time for reading?
- Does your child play with friends? Is your child involved in activities and /or hobbies?
- Does your child get enough physical exercise?
- Is your child able to concentrate on tasks for a long period of time?

If the answer to the majority of these questions is no, then perhaps your child is spending too much time in front of the television.

Television viewing habits can be altered to have a positive influence on children. Parents can alter viewing by following these tips.

- Establish a weekly viewing limit. Encourage your child to select programs ahead of time rather than just flipping channels to see what is on.
- Keep a time chart with TV viewing, homework, reading, and other activities. Make sure there is a healthy balance on the chart.
- Designate "NO TV" times in your house. These times might be in the morning, during dinner, at study time, or after a specific hour in the evening.
- Set an example for your child. Limit your own viewing and choose to read a book or become involved in an activity instead.
- Watch programs with your child. Choose programs your whole family will enjoy and watch and discuss them together.

### Emphasis on Curriculum

The Cabrillo staff would like to remind parents about our emphasis on the curriculum now that we are half way through the school year. We are determined that all of the children will succeed and be on grade level by the end of the current school year. Therefore we need your help in emphasizing education with your children. Encourage them to put their schoolwork first before watching television and playing video games.

### Walk to School Wednesdays:

The PTA and Cabrillo Staff have been encouraging your children to walk to school each Wednesday for a number of reasons:

- Promote good health and exercise
- Promote a sense of community
- Enjoy extra time together
- Reduce traffic and pollution
- Less cars=safest streets
- Pure enjoyment



### February Themes

As we celebrate African American History Month, our emphasis will be on the diversity of the students at Cabrillo. As we celebrate Lincoln's birthday and Presidents' Day, our emphasis will be on Patriotism.

Thanks to all the parents and community members for your help and support in 2005 and I look forward to working with you during the year 2006 for the benefit of our children.

Sincerely,  
Mrs. Jane L. Comitz  
Principal



## Walk to School Wednesdays

Thanks to all Cabrillo families who participate in Walk to School Wednesdays. We realize the weather was a little cold and windy, yet, many of you wore Cabrillo colors and walked.

Thank you!

We continue to encourage all students and their families to walk before and after school, every day! This is a perfect time to meet other students and their families, show your Cabrillo pride and get some fresh air. Let's continue to keep those legs moving!

Again - for those Cabrillo families or caretakers who are not able to walk from their homes on Wednesdays - you may park on Glasgow and 135th or Isis and 135th and walk, for recognition. Please remember to obey all traffic safety rules while walking.

~*Danielle Hernandez-Romero*

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## President's Message

We do not publish a January Newsette so I would like to start by wishing everyone a Happy New Year. There were many events in December.

First, the Cabrillo and Burnett Food & Toy Drive were very successful. We were able to fill 20 enormous baskets. The families were very appreciative of our generosity. Special thanks to Jamie Ehring, in the nurse's office, for coordinating this worthwhile and satisfying event.

Second, I saw Santa at Cabrillo! I was walking down the hall by room 13 and there he was. He told me he was visiting all the classrooms and brought candy canes for everyone. Mrs. Clause couldn't make it so Barbara Salinda escorted Santa through Cabrillo. What a terrific helper she was!

Lastly, we made a profit of \$3700.00 on the Cookie Dough Fundraiser. Thanks for your participation. Thanks to Lynn Jacobson again for her hard work.

The top sellers were: Kindergarten, Michelle Chacon, 1<sup>st</sup> grade, Ricky Ultras, and 2<sup>nd</sup> grade, Xavier Davis. They received a \$20.00 gift certificate to Toys R US. Way to go!!

**On a more serious note**, the PTA and Cabrillo School are working together with the **Hawthorne Police Dept.** to bring safety to the children of Cabrillo. The Police Dept. will be **issuing tickets**. I know everyone is busy, we all are, but the last situation we want to see is someone's child hurt.

Please allow the time and park in a designated space for your child to get to his or her class safely! **REMEMBER that the yellow curb in front of the school is for loading and unloading only! DO NOT PARK or SIT in your car. Drop off or pick up and pull away!**

When a car is blocking this area, it forces all the cars behind it to make dangerous maneuvers to get around and out of the parking lot. This is a serious safety issue. If you want to make sure your child is safely in the school, then you need to park in designated areas.

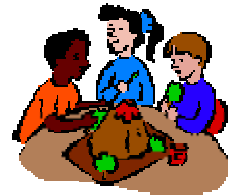
There is **NO PARKING OR WAITING IN RED ZONES!!**

## Field Trips

The PTA funds all the field trips for the entire student body. Teddie K and Boost are going to the Greg & Steve Concert at the Redondo Beach Performing Arts Center on Friday, May 19<sup>th</sup>. Kindergarten will be going to Kidspace Children's Museum, in Pasadena, on Thursday, April 27<sup>th</sup>. First Grade is going to the Aquarium of the Pacific, in Long Beach, on Thursday, February 9<sup>th</sup>. Second grade will be going to the California Science Center/IMAX, on Friday, March 10<sup>th</sup>.

Much Health and Happiness in 2006

Barbara Villafana  
President, Cabrillo PTA



## Remembering Founder's Day

February 17 is Founder's Day, celebrating the founding of the PTA. In 1897, Alice McLellan Birney and Phoebe Apperson Hearst organized, in San Francisco, what was first called the California Home and School Child Study Association to provide mothers with important information about the child and education of children.

Over the years, members of this organization started school lunch programs, established scholarships, and worked for legislation that promoted the health, welfare and education of all children.

In 1926, Selena Sloan Butler founded, in Atlanta Georgia, the National Congress of Colored Parents. In 1970, the two organizations formally united as the National Parent-Teacher Association.

Are you a member of PTA? If so, you have a history to be proud of and a tradition that will continue as long as there are children to care for and educate.

## Lost Jackets & Sweaters

The health office has accumulated a large amount of jackets & sweaters. Please check or have your child check. Also, please be sure to put your child's name on all jackets & sweaters to alleviate this problem.


## Butterfly Garden

Notice to all parents and children: Please be very careful not to tread on any of the plants in the Butterfly Garden. We have lost a couple of plants already due to careless feet. There is a pathway for parents and children to walk on. We would like to keep our Garden beautiful for all parents and children to enjoy.

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## Cabrillo School Calendar of Events

### February

- 1 Teaching American History Grant:  
Family Art Night: Dana School
- 6 PTA Meeting, 7:15pm in the Staff Lounge
- 9 First Grade Field Trip: L B Aquarium
- 13 Lincoln's Birthday -- **No School**
- 14 Valentines Day 
- 20 President's Day -- **No School**
- 21 School Site Council:  
3:15pm in the Staff Lounge
- 23 Science Assembly
- 27 Grades 1 and 2 Student Success
- 28 Kindergarten Student Success

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## Rock Around the Block

Here is the quick break down of the event. We do not have an official flyer as of yet. But it will be going out soon.

**Date: Saturday April 29th, 2006**

**Time: 8:00am-2:00pm**

**Location: Dana Middle School Fields**

**Will include:**

- Golf course
- Food booths
- Lifeguards
- Paramedics
- Fire department
- Jumpers
- Live music from our own districts students playing for the event
- Silent auction



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# Congratulations!



## STUDENT SUCCESS ASSEMBLY – DECEMBER 2005



### Kindergarten

Room A: Brittaney Davila Hurst  
Brandon Jacobson

Room 11: Jason Bowman II  
Alexcis Manuatu

Room B: Sabrina Deulofeu  
Alexander Hosino

Room 16: Adam Holland  
Daniela Rodas

Room 4: Luis Mariscal Jr.  
Mario Rojas

Room 17: Jasmine Campos  
Jonathan Gallego

Room 10: Christian Marji  
Julian Ramirez

### First Grade

Room 1: Natalie Chavez  
Kai English

Room 14: Kaitlin Mathieu

Room 2: Hunter Stuard  
Ariana Verduzco

Room 19: Elena Campos  
David Robles

Room 12: Alexis Covarrubias  
Jeffrey Jacobson

Room 20: Jennifer Marquez  
Dakota Toki-Mauigao

Room 13: Brandon Cruz  
James Diaz  
Nabiha KhanQadri

### Second Grade

Room 5: Mathew Caamal  
David Lopez

Room 9: Dex Troxel  
Madison Wilson

Room 6: Mathew Attalla  
Diana Vallelunga

Room 23: Jacqueline Lopez  
Eduardo Maldonado

Room 7: Anthony Baeza  
Aliyah Woods

Room 24: Chloe McDaniel  
Travis Teamer

Room 8: Alusine Kabba  
America Negrete



## STUDENT SUCCESS ASSEMBLY - JANUARY 2006



### Kindergarten

Room A: Antonio Valle-Lobjois  
Nora Viola

Room 11: Itsy Lopez  
Mitchell Vinzon

Room B: Renai-Lee Ika  
David Lopez

Room 16: Nicholas Paredes  
Ariana Rives

Room 4: Christopher Vargas.  
Brandon Gutierrez

Room 17: Jasmin Estrada  
Andrea Garcia

Room 10: Alexis Attalla  
Joseph Coral

### First Grade

Room 1: Emily Eudy  
Madison Rabago

Room 14: Andres Heded  
Sydney Salinda

Room 2: Tiffany Estoque  
Courtney Jackson

Room 19: Kendal Dragotto  
Richard Mullins  
Ricardo Porras

Room 12: Thomas Murphy  
Peter Rocca

Room 20: Josue Hernandez  
Reema Shinh

Room 13: Jake Morgan  
Shane Villafana

### Second Grade

Room 5: Matthew Andoaga  
Tristan Powell

Room 9: Andrew Clark  
Jacqueline Solis

Room 6: Alejandra Garcia  
David Trujillo

Room 23: James Faria  
Ignacia Orozco

Room 7: Alessandra Blanco  
Saul Martinez

Room 24: Arianna Cooke  
Xavier Davis

Room 8: Andres Ramos  
Maya Stein

# Congratulations!